

Romancing the Infinite

Poems of a Soul's Journey



Dr. Olga Rodríguez Rasmussen

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Dedication

To Shawn and Cynthia Adler—

You are
soul family to me.

Thank you for walking
a most delicious path
of spiritual awakening
and healing
with me.

We have ministered
to each other
and supported one another
through incredible growth—
and ups
and downs.

I will forever
bless the day
you came into my life!

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The Chalice of My Life

the Chalice of my Life
is so full
I could die
of sheer Joy!

Every day
is a Miracle
of Divine Grace!



An Inexhaustible Presence

an Inexhaustible Presence—
Source of Infinite Love
has taken up Residence
in my Heart.

This Fountain of Love
and Wellspring of Immortal Bliss
is as accessible
as our own Breath.



Filled to Overflowing

Beauty is all around—
it abounds
like the Infinite Blessings,
you daily send my way.

What did I ever do
to deserve this?
How could all of my actions
and worldly deeds—
ever merit such bliss?

I am Unworthy!
So Undeserving!

Spirit gently floods my Soul
with such a simple,
yet powerful affirmation:

YES!
You DO deserve it!
It is Unmerited!
It is Sacred Gift to you—
It is Pure Grace!

Can I be filled anymore?
I CAN'T be filled anymore!
And Spirit, ever the Patient Lover—
Breathes into my Soul:

OH YES!
YES, YES! YES!!!
YOU CAN
AND WILL BR FILLED
TO OVERFLOWING!



I Have Conceived Again

I have conceived again,
in the second half of my life.
I give birth
 to poetry in my soul—
 to creative musings and insights,
and visions of a Transcendental Nature—
 to a Spiritual Friendship,
and to a New Way of Seeing,
 and Being,
 and to Love.

Forth from my womb
 Springs the Seeds of Divine Love—
 Compassion.
 Humility.
 Joy.
 Union.
All that was Temporal
 now springs Eternal.



The Voice

The Voice!
I recognize the Voice!
I know what it calls me to!

The Voice draws me
into its warm and comforting Embrace.
It comes without warning.
It comes
in every moment
my heart is open.

*“Speak Lord!
Your Servant is Listening!”*



Truly Living

some people simply exist.
some dare to dream—
and open the doors wide
to the promptings of the Spirit,
recognizing their deepest yearning
for the Divine.
These people truly Live!



There is No Separation

making love has become
more joyous
deeper
fuller
richer
more satisfying, and
ecstatic.

my Exteriority
completely reflects my Interiority.
All is One.
THERE IS NO SEPARATION!

my skin outside
and inside—
more open
sensitive
responsive.
My essence dissolves
in deepest Human Union—
and Divine Love,
merging with the Universe.

All is One.
THERE IS NO SEPARATION!



I Am Awake

I feel like someone
threw open
all the doors,
and switched on the lights.

Like the Buddha,
I AM AWAKE!



The Eternal Now

*"My prayers rise
like incense
to you,
Oh Lord!"*

my body moves
to Salutations
in humble obeisance
and joyous surrender.

my verses
an exclamation
of Praise,
and Eternal Gratitude
for Gifts bestowed—
For Love.
For Spiritual Companionship.
For every glorious
Present Moment.

I dwell in
The Eternal Now.



A Sacred Honor and Task

What a Sacred honor and task!
to open and close
an initiate's aura!

To trace the Sacred Symbols
of Reiki,
letting them ride
on the breath—
carried by purple healing light,
down the *sushumna*.

To forever alter
the energetic field of
another—
mine colliding with theirs,
in Sacred Union
for all Eternity!

What a Sacred honor and task!



Silence and Bliss

I am plugged in—
to a joyous state of bliss
that has not abated.

It is in the Silence
that I encounter
Divine Love.



A New Dimension

a few months ago,
my life hummed along
a very predictable path.

then it became a rollercoaster ride—
a runaway freight train
of events
and you—
washing me clean
of my habitual ways of seeing
and being.

Life as I knew it—
is no more.
I've stepped through a portal
into an entirely new dimension.



Oceans of Your Love

*"As a deer longs—
for flowing streams,
so my heart yearns
for You,
Oh God!"*

Every blade of grass—
every bird that sings,
every thing THAT IS,
or ever was—
pines to be released
into the Oceans
of Your Love.



About the Author

Dr. Olga Rodriguez Rasmussen, D.Min (E-RYT 200) is a Certified Anusara Yoga teacher. She received her doctorate in spirituality and education from United Theological Seminary in Minnesota. For over twenty-three years, Olga worked in campus ministry and taught religious studies in a number of institutions including St. Louis University, Washington University, and most recently as Chair of the Religion Department at Georgetown Visitation Preparatory School, in Washington, DC.

Olga has been teaching yoga since 1997. She currently divides her time between teaching yoga classes and yoga philosophy workshops at The Health Advantage Yoga Center, in Herndon, Virginia, as well as at other studios. Olga also practices and teaches various healing modalities including Reiki.

Olga's instruction as a yoga teacher is equally enriched by her extensive training in this practice and her deep love of spirituality – which has been a life long passion. She continues to advance her knowledge and understanding of Yoga's rich heritage by studying with highly respected teachers. Through the simple elegance of Anusara Yoga, Olga encourages her students to embody greater alignment, and to connect more deeply with the spiritual essence of the practice – a path inviting transformation, joy, celebration, and compassionate living.

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