



What Is The Reconnection?

The Reconnection is a two-session attunement process that reconnects us to a deeper, vaster, infinite part of our Self known as the Unity Grid, Universal Grid, or Cosmic Lattice.

Earth revolves around our star, the Sun, in an outer band of the Milky Way Galaxy



Galactic Heart, Central Sun

The Reconnection is a two-session attunement process that reconnects us to a deeper, vaster, infinite part of our Self known as the Unity Grid, Universal Grid, or Cosmic Lattice. This Universal Grid is known by many names, including the Christ Grid, Universal Heart, or Central Sun. Whatever we name it, the Grid originates from the very heart of our galaxy, the Milky Way. We are connected to that Center, via a system of light and information networked through grids, etheric blueprints, and axiotonal lines (cf. J.J.Hurtak, *The Book of Knowledge: The Keys of Enoch*).

Awakened teachers and spiritual traditions, poets, and artists down through time have attempted to describe this Unity or Universal Grid in many ways. Buddhist mystics called it the Unborn, Unoriginated, Uncreated, Unformed. Hui -Neng, of sixth-century China, declared it Buddha. 8th-c. mystic Padmasambhava described it as Absolute Awareness; Hindu mystic Shankara referred to it as Brahman; Jesus in his Christ Consciousness addressed it as Father, heaven, field, pearl, light, One. Poet -saints have described it as an ocean or sea of light, Still Point, Cave of the Heart. Cutting -edge science has made attempts to describe this Central Point of Existence: Zero Point Field, the Matrix.

However it is named, we each know, deep down — where words often cannot go or language describe — that “pull” to return to a “Home” or Still Place where we come to rest and are completely silent and fulfilled. A place where opposites coincide and resolve into a beneficent synthesis (what happens when we move from the “dualistic” grid to the “unity” grid). A “place” where there is no separation or isolation but a seamless integration of what is. We could call it Oneness. We could call it Love. We could call it The Heart. We could call it Shalom/Whole Peace.

The Reconnection facilitates our way back into a community of light we once were connected to.

During a Reconnection, unique frequencies are used to bring in and activate these new lines connecting us to the Universal Grid, allowing for the exchange of light and information, the reconnection of DNA strands, and the reintegration of strings (simultaneous parallel planes of existence).

Here's Eric Pearl's description of how he stumbled onto the phenomenon he would eventually name The Reconnection. He'd just been given a reading by a healer, before he left she told him he needed a certain work done. Here's his description from his book, *The Reconnection: Heal Others, Heal Yourself*:

The woman said, "There's very special work that I do. It reconnects your body's meridian lines to the grid lines on the planet, which connects us to the stars and other planets." She told me that as a healer, it was something that I needed. She also told me I could read about it in a work called *The Book of Knowledge: The Keys of Enoch* by J.J.Hurtak. It sounded quite interesting, so I asked the question: "How much?" She said, "\$333." I said, "No, thank you."

Well, within days of that encounter, Eric Pearl was "reconnected" and his life forever changed:

"I was now different. I don't understand what happened, nor could I possibly attempt to explain it, yet I was no longer the person I was four days prior. I somehow made it to my car, which seemed to know the way home on its own. I don't remember anything about the rest of that day. I couldn't tell you for certain if the rest of the day even took place. All I do know is that the following morning I found myself at work. My odyssey had begun."

His "odyssey" has now reached tens of thousands around the globe. You can read Eric Pearl's fascinating — and humorous, laugh-out-loud — story in *The Reconnection: Heal Others, Heal Yourself*, published by Hay House, 2001.

But back to understanding The Reconnection.

We're moving from 3rd-dimensional *material* body to 5th-dimensional *light* body.

With the light and information influx of The Reconnection, the fifth -dimensional lightbody structure (which has been dormant) comes "on line." This 5th -dimensional lightbody connects us to the Unity Grid which connects us to the Central Sun, the Heart, the Source.

Perhaps the thought of being connected to "resonating star systems" may sound a bit "out there" to you, but in fact, this is not so unusual. Cutting -edge science has already determined —though has not widely reported —that our DNA actually contains the DNA of ET origins! Consider this:

By virtue of our being part of this Galaxy, we are connected to — you could say "relatives" with — the Life throughout the Galaxy. We all emerge from the Central Sun, our common Parent. It may sound like a strange concept to many of you, but try switching your perspective: Look at the Milky Way Galaxy from the eye of the Source of Life/Central Sun. Does it make sense that life would ONLY be found on some far, far outpost called Earth, a very small planet located in a desolate section of Milky Way Galaxy?

Echoing the mind-boggling work of J.J. Hurtak in *The Book of Knowledge: The Keys of Enoch*, where Hurtak describes 64 “keys” for the transformation of the human into the Lightbody, here is a somewhat more accessible understanding of the “what” that happens when we “reconnect” to our 5th -dimensional lightbody and to the Central Sun or Unity Consciousness Field/Grid.

The following is pretty heavy -duty stuff. Feel free to read through it right now, or skip around, or return to it later. Most of it is based on J.J. Hurtak’s descriptions in *The Keys of Enoch*. It provides one of the most in -depth descriptions of the Reconnection process that I’ve seen anywhere. Happy reading!

If you can grasp the following, you will begin to understand the dynamics behind The Reconnection and Reconnective Healing. But then again, not even Eric purports to understand exactly what’s going on; as we attain higher frequency functioning, we will begin to grasp the complexities of the axiotonal system of the Grids that compose what we understand as “Life.”

An excerpt from *What Is Lightbody?*:

“The fifth-dimensional etheric blueprint is made up of an axiotonal meridian system, an axial circulatory system, and spin points through which these systems and structures are connected. As part of this game of separation, the human axiotonal meridians were cut off from direct connection with the Overself and other star populations. This created brain atrophy, aging, and death. Axiotonal lines are the equivalent of acupuncture meridians that can connect with the Oversoul and resonant star systems.

“Through the axiotonal lines, a human body is directly reprogrammed by the Overself into a new body of Light. Axiotonal lines exist independently of any physical body or biological form. They emanate from various star systems and are the means by which the galactic body controls its renewing mechanisms. Picture the Milky Way as the body of a living conscious being. The stars and planets are organs in that body; all the different species on the stars and planets are like cells in the organs of the galactic body, renewing the energies of the organs and cells. Planet Earth and her inhabitants were separated from the galactic body and the Oversoul to play this game of separation, and are now being reconnected.

“The axiotonal lines are made of Light and Sound. Once reconnection has occurred, the Overself transmits the appropriate color - tone frequencies to regenerate the physical body into a Lightbody.

“The human body is a microcosmos or small space-time field within a larger field.” —J.J. Hurtak

“The axial circulatory system was completely vestigial in the human species, due to the axiotonal lines being disconnected so that this game could be played. It is a fifth -dimensional energy system that connects the spin points on the skin surface to every spin point in every cell. It is a model for physical transmutation and it is being renewed now that the axiotonal lines are reconnected. The axial system pulses energy like the circulatory system pulses blood, but the axial system is basically electrical in nature, like the nervous system. The Overself sends energy into the axiotonal line, which then goes into the spin points on the surface of the skin, feeding the physical acupuncture meridians and then the axial system. As the axial system receives energy from the Overself, it recombines color and sound to realign the blood, lymph, endocrine, and nervous systems into the Divine Template, the Adam Kadmon. It also carries the energy from the Overself into the spin points inside the cells. This stimulates the spin points to emit Sound and Light to create a gridwork for the renewed evolution of humankind.”

—Tashira Tachi-ren, *What Is Lightbody?*

Supercharging your DNA and biofields

Another way to say it is that The Reconnection is an electromagnetic boost to your DNA and your biofields as the Reconnection enables you to draw the higher light and information frequencies directly from the Unity Grid into your biofields. In fact, you become or “entrain” to the Unity Grid over time. That’s why, even though The Reconnection takes place over two days, the effects of the Reconnection initiate a lifetime of changes in you. It may take 3 –6 months or more for the changes to stabilize. As your biofields change, so do you. In a real sense, you are being made new. “Create in me a clean heart,” exclaimed the psalmist. Perhaps the “clean heart” was a new biofield resulting from connection to the Unity/Source Field.

From 3-D dualistic grid to unity consciousness grid

As you move from a dualistic/3 -D grid to the Unity Field/Source Grid, expect changes in your life: personally, psychologically; changes in career, relationships, interests, location, friendships, health — any of these areas (and more) may be affected by the changing frequencies in you and your field. People and situations, beliefs and perspectives that once were able to “hook” into and connect with your “old” grid now may not find a place to grab on to. You may find yourself attracting new people into your life, new relationships, new work, new locations, new beliefs, new experiences that resonate or are vibrational matches for you. You may feel like you’re not the same person you were before The Reconnection.

5-minute reflection

Trace a personal biography since your Reconnection. What changes have you noticed in your personal life, relationships, career, jobs, information base, travels, thoughts and feelings. Importantly, take a look at your information base, i.e. what interests you — what you’re reading, who you’re reading, what you’re studying, what workshops you attend, particularly in the area of personal or spiritual growth.

The Reconnection starts the process of returning Home to your Heart, to the Love that created you and that always has been your true Center.

Have you ever had the feeling that you just wanted to “go back Home?”

I mean “home” with a capital “H.” Have you had the experience that something or someone is pulling at you, tugging at you, reaching into the middle of you and calling you back to a sense of wholesomeness, of peace, of Stillness or, well, there’s that word again . . . “Home.”

You ARE being called “home.” We all are. Our home is, literally, “in the stars” as physicist Brian Swimme so poignantly remarked decades ago in his ground -breaking work, *The Universe Is a Green Dragon*. We ARE starstuff. We are made from the waves and particles that came shooting out of that Central Point — the Galactic Heart — so many billions of years ago and yet only yesterday. Time is an illusion.

We don’t need a spaceship to reach our home, nor is any physical travel involved. And while the heart of our galaxy may be 26,000 light years away, that’s ok because, in reality, our “home” is no farther than our own heart. *Really. Literally.* This is where quantum physics gets kind of weird. This is where two “objects” can exist in the same space. (We have to throw our “concept” of space or distance out the window.) Here is where “non -locality” reigns: Here is where subatomic particles may be 50 miles apart but actions take place simultaneously within both. And guess what? We’re made up of sub -atomic particles.

“But when you finally discover me, the one naked Truth arisen
from within, Absolute Awareness permeates the universe.”

—Yeshe Tsogyel

I remember sitting on my front steps in Nutley, NJ, a 7 -year old, looking up at the inky night sky. I felt an indescribable urge to return to a “home” out there; in fact, I felt that a part of me was connected to something “out there” and I peered and peered, night after night, even using a telescope to try to see Who it was that was constantly calling to me. I knew even then that my true Home was “somewhere out there.” Well, today, decades later, I now know that the Central Heart and Sun is not only “out there” — some 26,000 light years away — but that it is here in the middle of me — the Heart-Space (“*hrdayakasha*”) of my subtle anatomy, where no time or distance exists. That Heart and my heart are one and the same. Time and distance are the illusion.

Essentially, you are being “reconnected” to the Heart
of yourself, that sense of “Home” that so many of us
are now feeling called to return to.

Eric Pearl often refers to The Reconnection as “the umbrella process of reconnecting to the universe. These healings and evolutionary frequencies . . . are brought in via a spectrum of light and information that has never before been present on Earth.”

Just what does Eric mean by “light and information”?

He’s probably talking about biophotons and biophonons . . . Light (electromagnetic frequencies) and Sound Waves (vibration). Also known as “torsion waves.” These torsion waves carry information that, well, to use the words of the Christos, are “the way, the truth, and the life” of all of us. Torsion waves hold the information — coding — that “writes” the code of life throughout the Galaxy. It’s the “master alphabet” through which the language and song — that each of us IS — is composed. You could say the Source of All is a master Writer, Musician, and Singer. Even cutting -edge scientists are now using this metaphor to describe the creative power of the torsion wave that created bacteria, coral reefs, dolphins and orca whales, your child and your best friend; the slant of your nose and the dimple in your chin; zebras, hummingbirds and eucalyptus trees; electricity, Mozart’s Jupiter Symphony No. 41, Tiffany glass; the Beatles, Pink Floyd, and Johnny Cash; the rings of Saturn and whole solar systems. And, yes, even your boss from the Black Lagoon.

“God is Love.” —Jesus of Nazareth

Love = Light = the filaments of our Lightbody

“The lightbody begins to express itself when dormant potential DNA codes are keyed by torsion energy, particularly *sound* and *intention* spiral standing waves of a higher -dimensional nature derived from the primary torsion energy of unconditional love, such that **our cells begin to recognize light as an energy source** and metabolize it somewhat like plants do in photosynthesis. I am specifically referring to the invisible torsion light emitted by the Healing Sun and transmitted to us from Galactic Center. —Sol Luckman, *Conscious Healing*

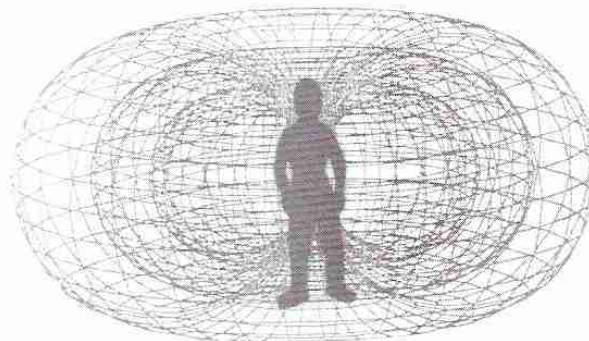
Most amazing is this realization that everything that exists in the universe came from a common origin. The material of your body and the material of my body are intrinsically related because they emerged from and are caught up in a single energetic event. Our ancestry stretches back through the life forms and into the stars, back to the beginnings of the primeval fireball. This universe is a single multiform energetic unfolding of matter, mind, intelligence, and life. We are the first humans to look into the night sky and see the birth of stars, the birth of galaxies, the birth of the cosmos as a whole. Our future as a species will be forged within this new story of the world.—Physicist Brian Swimme



Torsion Waves or Love? They're One and the Same!

Our human psychology translates the experience of torsion waves as love, light, or compassion. Other descriptors might be bliss, joy, ecstasy, oneness, connection, communion. All these words/experiences basically describe the same reality: **torsion waves as Love**. Imagine a beautiful diamond, facets gleaming. Each facet of the diamond represents a different aspect of the diamond's beauty and light. But no matter what facet of the diamond you're looking at, it is still the One Diamond. The facets are not separate from the Diamond.

In the same way, imagine your Heart/Love as that diamond in the heart of you — each facet of Love showing itself in a slightly different experience: bliss, oneness, compassion, etc. But it is still One Love, One Heart. That Love is the Source of All; some name It God, others Christos, Buddha, Brahman, the Self, Pure Light. And the pure love that flows from your heart is the SAME love that is flowing from the Heart of God/Central Sun. *Thou Art That*. Like Russian nesting dolls, one in the other, Love -- the power and energy and structure of the Universe — emits from the heart of every person, animal, plant, mineral, photon and sound vibration. See the love filaments in the grid below. Love creates universes. Love makes miracles. Would you be happy? Love. Would you be healed and whole? Love. Would you have abundance and prosperity? Love. Would you have peace of mind? Love. Would you tap into your creative self? Love.



A computer projection of the heart's torus.

Courtesy of HeartMath Institute.

“All is Love. All Is Love. All is Love.”

(Words I experienced in a dream state during the Level VII training with Eric Pearl.)

Separation is an illusion.
From the perspective of the Unity/Source Field,
all is One.

There is only one “I”; there is only one Heart. Only one “I” looks out through the Eyes of both you and the other; only one Heart beats — sends out torsion waves of Love — from both your heart and the heart of the other. Our duality thinking tricks us into thinking there are multiple hearts — and multiple “I”s or selves — but in fact, there is One Heart and One “I.” *Contemplate that for awhile!*

“The Eye with which I see God is the same Eye
with which God sees me.”

—Meister Eckhart, 13th c. Dominican mystic

“May they all be one.”

There is one “I” that looks out through the Eyes, that feels through the Heart, and that “I” is recognizing Itself in the Other. That is the love the Master was speaking of when he said, “Only one commandment I give you: love one another” and “Father (Source), may all be one, as we are one, I in them and you in me.”

Have you ever looked into the eyes of someone you love and felt you were looking into the eyes of God? And the “love” that came through reached so deep into you, you thought you’d burst? The Indian yogic tradition has a word for it, *darshan*, which translates “to receive the glance or glimpse of God.” That Someone or Something that is looking out through the eyes of your lover, your pet, your child, a friend, a master teacher IS the same Someone or Something that is looking out through your eyes. There is only one “I.” And that “I” is the Source of everything that is.

Try this:

Imagine the Galactic Heart (the light in the center of the image) rests in the place of your heart. Then imagine that this same Galactic Heart rests in the heartspace of your friend, a work colleague, your spouse, a customer, a client, a patient. Take a deep breath and settle into a passive attitude. That’s all. Observe. Watch the relationship or encounter transform.



The Reconnection jumpstarts our connection to the Love of the Galaxy.

Reconnection “reconnects” our paltry, 2 -strand, 5%-functioning DNA into a powerful Light Grid that was always there, but unused, hidden from our awareness. *That power grid is the grid of Unity Consciousness or Love which then sends a cascade of light and information flowing into our biofields and begins converting our 3-D reality into our 5th-dimensional heritage.* Its like going from dial -up to a T-line, or from AA batteries to a nuclear power plant. *“Love was out to get me,” sang my idols The Monkees, 30 years ago.* Well, the truth is, Love is out to get all of us.

“Will we struggle and cling to the old dualistic grid or will we
let go and embrace— or rather, be embraced by,
the Unity/Source Grid? The Heart of the Universe?”

or

How far down the rabbit hole do you want to go?



Conscious Ascension coincides with Galactic Alignment

We are in an extraordinary time of Conscious Ascension. A rare alignment is now taking place between our solar system and the Galactic Center. The winter solstice Sun moved into alignment with the plane of our Galaxy as of 1998. Astronomers call this “the alignment of the solstice meridian with the galactic equator.” Because of it, a special energy is generated, with new winter light. This is HUGE, as the light (“torsion waves”) we are receiving is transforming every aspect of life on earth. It may, in fact, be transforming the human species itself.

The Mayan Calendar, due to end in 2012, identifies this time as *Xi Balba bih*, “The Road of Awe’. Amazing, hopeful, and radical transformation is being extended to us — if we open our hearts and minds and allow ourselves to ride the waves of the higher frequencies. Will we struggle and cling to the old dualistic grid or will we let go and embrace — or rather, be embraced by, the Unity/Source Grid? The Heart of the Universe?

The Reconnection has come at the right time, perhaps at the very hand of a Source whose Imagination painted this mind -boggling creation we call Life. The Reconnection is helping 3-dimensional earth consciousness make the transition into fifth -dimensional light-body more smoothly; it helps us to “step into” the new frequencies more naturally. (More on this in a later newsletter.)

“So . . . step into the light and information. Love becomes it.

Then it becomes love — and it is the healer.

You are at once the observer and the observed,
the lover and the loved, the healer and the healed.”

—Eric Pearl, The Reconnection

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Next issue (#2): What is Reconnective Healing?

Preview:

If The Reconnection is about being attuned or aligned with the Galactic Center — the Heart, the Source, the Unity/Source Grid — then what is Reconnective Healing and how does it relate to The Reconnection?

Until next time, remember: “All is Love.”

Love and blessings!

Pat D.

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“We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.”
—T.S. Eliot, “Burnt Norton, Four Quartets”

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Pat offers The Reconnection and Reconnective Healing in the Miami FL and surrounding area year round. In late October 2007, she will be offering The Reconnection in the NY/NJ/CT area. Please call or email for appointment.